



The Program

EOU's coaching staff is committed to creating the best high school, full contact, team camp available. We are motivated to serve the coaches and players with a safe, flexible and fun camp to kick-off the 2024 season.

- > •Four days of practice at your discretion, in July, probably two to three weeks before you open camp.
- > •Full contact team camp that addresses individual, group, and team development.
- > •Flexible daily schedule to fit the custom needs of each coach and program.
- Includes 7-on-7 tournament and Big Man Camp
- > ·Competitively matched competition.
- > •Final Mountie Bowl scrimmage on the turf in Community Stadium.

11-Man Team Camp General Information

Monday – Thursday, July 8 - 11, 2024 - Registration: Monday, 12:00-2:00 p.m.

Location: Quinn Coliseum & Stadium. Eligibility: Open to anyone entering grades 9-12 in the fall of 2024 EOU Football Coach Tim Camp at 541-962-3396

CAMP COST:

Overnight (Dorm Room).....\$250.00

* Continental breakfast and all you can eat brunch and dinner.

OVERNIGHT CAMPERS: Please bring sleeping bags or bedding, pillow, towels, toiletries, swim trunks, personal clothes, workout gear and a fan. (Laundry facilities not available in dorms)

SUPERVISION: Camp Counselors will provide supervision in dorms. High School Coaches are responsible for team supervision as well. **ALL CAMPERS:** Bring all football equipment: helmet, shoes, pads, mouthpiece, etc.

MEALS: All continental breakfast in the locker room. Day campers receive brunch and dinner. Overnight campers will receive all meals. Breakfast from 6:30 – 8:30, brunch from 11:30- 1:30, and dinner from 4:30 – 6:30.

CAMP STORE: A Camp Store with souvenirs, snacks and soft/sport drinks will be open daily. Pizza will be available and must be ordered through the Camp Store. (Bring some change)

TRAINING ROOM: Certified Trainers and EOU student trainers will be employed by the camp and available. Please supply your own tape/ training supplies.

VIDEO: We have towers and a lift available for video. Please bring your own equipment.

CHECK OUT: After Thursday **Continental breakfast**, clean dorm rooms and pack before final day scrimmages. If you wish to leave early just communicate with Coach Camp.

| Camper Name | | | School Snohomish High School Football Position | | | | | |
|----------------------------|---------|--------|--|--------------------|-----|-----|--------------|--|
| Height | Weight | _Age _ | T-Shirt Size | _ Parent(s) Name _ | | | | |
| Address | | | City | Sta | ate | Zip | Home Phone | |
| Parent(s) Worl | k Phone | | Emergency Contact | | | | | |
| Medical Insurance Provider | | | | Policy Number | | | Group Number | |
| Parent Email Address | | | | Alt Email Address | | | | |

Return with Payment To: Panther Football Club Box in Coach's office by: June 3, 2024 Cash; Checks Made Payable to Panther Football Club

I herby register the player listed above for the Eastern Oregon University Football Camp and authorize the staff to direct him/her in participation of camp activities. This player has no medical or emotional problems, which may affect him/her to safely participate in your program. Camp staff is authorized to attend to any health problem or injury the player may incur while attending camp. I understand this player may incur injuries while attending camp. Neither the player nor I will hold the Mountaineer Football Camp liable for any injuries or any expense relating to injuries incurred while the player is at camp.